

# IMPORTANT

- **OVERDOSES** have been happening in Williams Lake from a drug called **CHINA WHITE** (heroin)
- **CHINA WHITE** is being laced with fentanyl which makes the drug very toxic when taken
- It's very important that anyone experiencing overdose signs get medical attention immediately!



## What can you can do to stay safe:

- Avoid using this drug
- Do not do drugs alone
- If you are using this drug, tell someone that can call 9-1-1 for you in case of overdose
- Do a test dose (inject a small amount first each and every time)
- Call 9-1-1 if something doesn't feel right
- Give naloxone if someone is showing signs of overdose

**NALOXONE**  
**SAVES LIVES**

**Get Naloxone HERE**

Naloxone kits are available for free at Three Corners, Public Health and the Emergency Room.

## THE SIGNS OF OPIOID OVERDOSE

- FACE** is clammy to touch and has lost colour. Difficulty speaking.
- BODY** is limp. Fingernails or lips have a blue or purple tinge.
- SLEEP** is deep and cannot be woken.
- BREATHING** is slow or has stopped.
- HEARTBEAT** is slow or has stopped.

For more information or if you have a question about accessing Naloxone, please contact one of the nurses or counsellors at:

- Three Corners Health 250-398-9814
- Soda Creek Health Centre 250-989-2355
- Sugar Cane Health Centre 250-296-3532
- Dog Creek Health Centre 250-440-5822
- Canoe Creek Health Centre 250-459-7749

